

FORM FIT[®]

INSTRUCTIONS FOR INSERTION

The OASIS[®] Form Fit[®] intracanalicular plug is a single size solution for dysfunctional tear syndrome. Supplied in a dry state (looks like a collagen plug), Form Fit[®] expands into a soft, pliable, gelatinous material when it contacts tear film and takes approximately 10 minutes to completely hydrate. Form Fit[®] is packaged in individual, sterilized pouches and is pre-loaded inside a polyimide sheath which acts as a guide for insertion of the plug.

ANESTHESIA

Anesthetize the area of the punctum with either a topical anesthetic instilled into the conjunctival sac or an anesthetic soaked, cotton-tipped applicator held against the punctum for 30 seconds.

NO SIZING NEEDED

Sizing of the punctum is not necessary. The Form Fit[®] plug is a single size solution that was designed to fill the entire vertical canalicular cavity once it makes contact with tear film.

DILATING

The diameter of the polyimide sheath is 0.4mm so dilating is only necessary for patients with very small puncta. For patients with small puncta, gently dilate the punctum and quickly insert the polyimide sheath.

INSERTION

Insert the orange polyimide sheath into the punctum straight down. To express the Form Fit[®] hydrogel plug from inside the polyimide sheath into the vertical canalicular cavity, **completely squeeze the inserter at the top of the ridged portions** on the compressible sides. While squeezed, gently withdraw the inserter. Lubrication of the polyimide sheath can ease insertion.

When properly inserted, the Form Fit[®] hydrogel plug should be completely inside the cavity and should not be exposed above the punctal opening.

